



Weekly Meal Offerings

Preschool Menu

Monday

Tuesday

Wednesday

Thursday

Friday

AM SNACK:
Little Spoon Peaches
and Cream Smoothie
and Blueberry Oat
Bakes

LUNCH:
All Star Plate:
Chicken Nuggets,
Broccoli Bites, Mac &
Veggie Cheese
SF, EF, NF, PF

PM SNACK:
Hummus Sunnie
Dipper

AM SNACK:
organic string
cheese, fruit, and
Little Spoon Veggie
Loops

LUNCH:
Mini Pancake
Puffs
NF, PF, SF

PM SNACK:
Jam Sunnie Dipper

AM SNACK:
Little Spoon Banana
Split Smoothie and
Apple Oat Bakes

LUNCH:
Spinach and Cheese
Ravioli
PF, NF, MF, SF

PM SNACK:
Pizza Sunnie Dipper

AM SNACK:
organic string
cheese, fruit, and
Little Spoon Veggie
Loops

LUNCH:
Chicken Super
Nuggets
NF, DF, EF, PF, SF

PM SNACK:
Jam Sunnie Dipper

AM SNACK:
Little Spoon Triple
Berry Parfait and
Blueberry Oat Bakes

LUNCH:
Mac and Three
Cheese
EF, MF, NF, SF, PF

PM SNACK:
Pizza Sunnie Dipper

Vegetarian/dairy/egg alternatives (available daily)

Cauliflower Croquettes
EF, DF, GF, MF, NF, SF, PF

Broccoli Bites
EF, DF, GF, MF, NF, SF, PF

DF-dairy-free • MF-meat free • EF-egg-free • NF-nut free
PF-peanut free • GF-gluten free • SF-sesame free





Weekly Meal Offerings

Infant Peach/Coral Menu

Monday

Tuesday

Wednesday

Thursday

Friday

AM SNACK:
Little Spoon Peaches
and Cream Smoothie
and organic cereal

AM SNACK:
Little Spoon Triple
Berry Parfait
Smoothie and organic
cereal

AM SNACK:
Little Spoon Banana
Split Smoothie and
organic cereal

AM SNACK:
Little Spoon Peaches
and Cream Smoothie
and organic cereal

AM SNACK:
Little Spoon Triple
Berry Parfait Smoothie
and organic cereal

LUNCH:
All Star Plate:
Chicken Nuggets,
Broccoli Bites, Mac &
Veggie Cheese
SF, EF, NF, PF

LUNCH:
Mini Pancake
Puffs
NF, PF, SF

LUNCH:
Spinach and Cheese
Ravioli
PF, NF, MF, SF

LUNCH:
Chicken Super
Nuggets
NF, DF, EF, PF, SF

LUNCH:
Mac and Three
Cheese
EF, MF, NF, SF, PF

PM SNACK:
Organic String
Cheese and Organic
Apple Sauce

PM SNACK:
Organic Yogurt and
Fruit

PM SNACK:
Organic String
Cheese and Fruit

PM SNACK:
Organic Yogurt and
Organic Apple Sauce

PM SNACK:
Organic String
Cheese and Fruit

Vegetarian/dairy/egg alternatives (available daily)

Cauliflower Croquettes
EF, DF, GF, MF, NF, SF, PF

Broccoli Bites
EF, DF, GF, MF, NF, SF, PF

DF-dairy-free • MF-meat free • EF-egg-free • NF-nut free
PF-peanut free • GF-gluten free • SF-sesame free





Weekly Meal Offerings

Infant Rose Menu

Monday

AM SNACK:
Little Spoon
Blend of the day

LUNCH:
Rosemary Chicken
DF, NF, EF, SF, PF

PM SNACK:
Little Spoon
Blend of the day

Tuesday

AM SNACK:
Little Spoon Blend of
the day

LUNCH:
Mini Cheesy Pasta
MF, NF, EF, SF

PM SNACK:
Little Spoon Blend of
the day

Wednesday

AM SNACK:
Little Spoon Blend of
the day

LUNCH:
Turkey Kale Meatballs
GF, NF, EF, SF, PF

PM SNACK:
Little Spoon Blend of
the day

Thursday

AM SNACK:
Little Spoon Blend of
the day

LUNCH:
Shredded Fajita
Chicken
SF, DF, GF, EF, NF

PM SNACK:
Little Spoon Blend of
the day

Friday

AM SNACK:
Little Spoon Blend of
the day

LUNCH:
Mini White Mac and
Cheese
NF, MF, EF, SF

PM SNACK:
Little Spoon Blend of
the day



Vegetarian Option (available daily) Mini White Mac n Cheese *for children just beginning to eat finger food

DF-dairy-free • MF-meat free • EF-egg-free • NF-nut free • PF-peanut free • GF-gluten free • SF-sesame free

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Weekly Menu Offerings

Pricing

Individual snack pricing \$3.50

Individual lunch \$6.50

Full day \$12

Plus tax



Pricing

Blends for Rose \$4.50

Full day with a blend \$10

Plus tax

