

Weekly Meal Offerings Preschool Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|--|
| AM SNACK: Little Spoon Peaches and Cream Smoothie and Blueberry Oat Bakes | AM SNACK: organic string cheese, fruit, and Little Spoon Veggie Loops | AM SNACK: Little Spoon Banana Split Smoothie and Apple Oat Bakes | AM SNACK: organic string cheese, fruit, and Little Spoon Veggie Loops | AM SNACK: Little Spoon Triple Berry Parfait and Blueberry Oat Bakes |
| LUNCH: All Star Plate: Chicken Nuggets, Broccoli Bites, Mac & Veggie Cheese SF, EF, NF, PF | LUNCH: Mini Pancake Puffs NF, PF, SF | LUNCH: Spinach and Cheese Ravioli PF, NF, MF, SF | LUNCH: Chicken Super Nuggets NF, DF, EF, PF, SF | LUNCH: Mac and Three Cheese EF, MF, NF, SF, PF |
| PM SNACK: Hummus Sunnie Dipper | PM SNACK: Jam Sunnie Dipper | PM SNACK: Pizza Sunnie Dipper | PM SNACK: Jam Sunnie Dipper | PM SNACK: Pizza Sunnie Dipper |
| | | | (avai | airy/egg alternatives lable daily) |
| | | | | ver Croquettes F, MF, NF, SF, PF |
| • | MF-meat free • EF-egg-fi ree •GF-gluten free• S | | | ccoli Bites F, MF, NF, SF, PF |



Weekly Meal Offerings Infant Peach/Coral Menu

| Monday | Tuesday | Wednesday | | Thursday | Friday |
|---|---|--|-----------------|--|--|
| AM SNACK: Little Spoon Peaches and Cream Smoothie and organic cereal | AM SNACK: Little Spoon Triple Berry Parfait Smoothie and organic cereal | AM SNACK: Little Spoon Banana Split Smoothie and organic cereal | Little and (| AM SNACK: e Spoon Peaches Cream Smoothie organic cereal | AM SNACK: Little Spoon Triple Berry Parfait Smoothie and organic cereal |
| LUNCH: All Star Plate: Chicken Nuggets, Broccoli Bites, Mac & Veggie Cheese SF, EF, NF, PF | LUNCH: Mini Pancake Puffs NF, PF, SF | LUNCH: Spinach and Cheese Ravioli PF, NF, MF, SF | | LUNCH: hicken Super Nuggets DF, EF, PF, SF | LUNCH: Mac and Three Cheese EF, MF, NF, SF, PF |
| PM SNACK: Organic String Cheese and Organic Apple Sauce | PM SNACK: Organic Yogurt and Fruit | PM SNACK: Organic String Cheese and Fruit | Org | PM SNACK: anic Yogurt and nic Apple Sauce | PM SNACK: Organic String Cheese and Fruit |
| | | | | Vegetarian/dairy/egg alternatives (available daily) | |
| | | | | Cauliflower Croquettes EF, DF, GF, MF, NF, SF, PF | |

DF-dairy-free •MF-meat free • EF-egg-free• NF-nut free PF-peanut free • GF-gluten free • SF-sesame free

Broccoli Bites EF, DF, GF, MF, NF, SF, PF



Weekly Meal Offerings

| Monday | Tuesday | Wednesday | Thursday | Friday |
|--|---|---|--|--|
| AM SNACK: | AM SNACK: | AM SNACK: | AM SNACK: | AM SNACK: |
| Little Spoon | Little Spoon Blend of | Little Spoon Blend of | Little Spoon Blend of | Little Spoon Blend of |
| Blend of the day | the day | the day | the day | the day |
| LUNCH: Rosemary Chicken DF, NF, EF, SF, PF | LUNCH: Mini Cheesy Pasta MF, NF, EF, SF | LUNCH: Turkey Kale Meatballs GF, NF, EF, SF, PF | LUNCH: Shredded Fajita Chicken SF, DF, GF, EF, NF | LUNCH: Mini White Mac and Cheese NF, MF, EF, SF |
| PM SNACK: | PM SNACK: | PM SNACK: | PM SNACK: | PM SNACK: |
| Little Spoon | Little Spoon Blend of | Little Spoon Blend of | Little Spoon Blend of | Little Spoon Blend of |
| Blend of the day | the day | the day | the day | the day |

Vegetarian Option (available daily) Mini White Mac n Cheese *for children just beginning to eat finger food

DF-dairy-free • MF-meat free • EF-egg-free • NF-nut free • PF-peanut free • GF-gluten free • SF-sesame free

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Preschool and Infant Meal Pricing

| Individual snack pricing | \$4.00 | |
|--------------------------|----------|--|
| Individual lunch pricing | \$7.00 | |
| Full day of meal pricing | \$14.00 | |
| | Plus Tax | |
| | | |